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Edit
View
Format
Reports
Chat/Help




Chart Room
Chart Face
Back

< prev
next >

Show Notes in List

SOS  
610 N. Silver St  
Silver City, NM 88061  
  
575-956-6131  
575-956-6947  

Sanders, Crystal

ID: 46 DOB: 1/22/1978

Use Note Creation Time

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Set Date/Time

7/30/2023  
2:20 AM

Case Management Note (SOS)

Presenting Problem:

Anxiety is still experienced by Crystal.  
Symptoms of depression continue to be described.  
Symptoms of mood swings continue to be described.

Recent history ;

Client has a history of homelessness, unspecified, substance and alcohol abuse, financial instability. Struggles with substance abuse, anxiety, major depressive disorder, and poverty.

Social Support Changes:

No changes in her family or social support network have occurred.

Therapeutic intervention ;

Client was prompted to discuss what her plans were for taking a step forward, to leave the shelter. Inquiring her on what she wanted to do, where she wanted to go from here, as they folded linens for the shelter. Client spoke of wanting to find her own housing again, and to find a job that would hire her, without finding her to be a liability.

Assessment ;

BEHAVIOR:

Medication has been taken regularly. Her self care skills are intact. Her domestic skills are intact. She is socializing less with family and friends. She is performing normally at work. There are early signs of substance abuse problems. Her academic and social performance in school is marginal. No anger has been displayed. There have been fewer instances of impulsive behaviors. Crystal has normal food and fluid intake. Crystal has not been confused.

Crystal appears calm, friendly, attentive, communicative, well groomed, normal weight, and relaxed. She exhibits speech that is normal in rate, volume, and articulation and is coherent and spontaneous. Language skills are intact. Mood presents as normal with no signs of either depression or mood elevation. There are no apparent signs of hallucinations, delusions, bizarre behaviors, or other indicators of psychotic process. Associations are intact, thinking is logical, and thought content appears appropriate. The patient convincingly denies suicidal ideas or intentions.

Plan: Continue to accommodate client to the best of shelter abilities and continue to prompt client to continue participating in programming plans now being implemented by shelter staff.

Diagnosis ;

Service Location

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7/30/23, 6:20 PM